

## Calendar

### Monday

MARCH 4

Weekday

Sir 17:20–24

Mk 10:17–27

### Tuesday

MARCH 5

Weekday

Sir 35:1–12

Mk 10:28–31

### Wednesday

MARCH 6

Ash Wednesday

Jl 2:12–18

2 Cor 5:20–6:2

Mt 6:1–6, 16–18

### Thursday

MARCH 7

Thursday after

Ash Wednesday

Dt 30:15–20

Lk 9:22–25

### Friday

MARCH 8

Friday after

Ash Wednesday

Is 58:1–9a

Mt 9:14–15

### Saturday

MARCH 9

Saturday after

Ash Wednesday

Is 58:9b–14

Lk 5:27–32

### Sunday

MARCH 10

First Sunday of Lent

Dt 26:4–10

Rom 10:8–13

Lk 4:1–13



### Know Someone Overly Anxious About Sin?

For more than fifty years,

Redemptorists have ministered compassionately with those struggling with scrupulosity.

For more information and to sign up for our **free monthly newsletter**, visit:

[ScrupulousAnonymous.org](http://ScrupulousAnonymous.org)

# Dear Padre,

**How much talking is acceptable while waiting for Mass to begin? The chatter gets noisier as more people arrive, and then everyone starts talking louder just to be heard.**

Before Mass, “it is a praiseworthy practice for silence to be observed in the church, in the sacristy, in the vesting room, and in adjacent areas, so that all may dispose themselves to carry out the sacred celebration in a devout and fitting manner” (*General Instruction of The Roman Missal*, 45). For the liturgy to produce its full effects, “it is necessary that the faithful come to it with proper dispositions, that their minds...be attuned to their voices, and that they cooperate with divine grace lest they receive it in vain” (Constitution on the Sacred Liturgy [*Sacrosanctum concilium*], 11). In this sense, we are silent together, for the Mass is not a private function but a celebration of the Church as the “sacrament of unity,” a holy people united (SC 26).

Thus, from the point of entry in a church to the time of the gathering song, which is intended to foster unity (GIRM 47), how does your faith community gather for Mass? Some churches with self-contained vestibules are ideal for offering welcome to newcomers and for exchanging greetings. Other sacred spaces are less conducive for separating this informal ritual from a place of quietude. Nevertheless, every faith community, with varying success, creates an atmosphere before Mass where individuals come together as a worshipping body, and at the same time, where people may dispose themselves in a devout manner.

Fr. Byron Miller, CSsR | [Sundaybulletin@Liguori.org](mailto:Sundaybulletin@Liguori.org)



SHUTTERSTOCK



## A Word from Pope Francis

*When we go to Mass, perhaps we arrive five minutes early and begin to chat with the person next to us. But this is not the moment for small talk....It is the moment for recollection within the heart, to prepare ourselves for the encounter with Jesus.*

**Silence is so important!**

**—General audience, November 15, 2017**



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**"Through Hospitality, we share our Catholic Faith with All as Disciples of Christ."**

## **CHURCH OF IMMACULATE CONCEPTION**

**WEBSITE: [www.catholictripp.org](http://www.catholictripp.org)**

**842-3520 PO BOX 765 325 S. Van Buren St. Winner, SD 57580**

**PASTOR: Fr. Kevin Achbach**

**kachbach@diorc.org cell 605-848-2112**

### **MASS & RECONCILIATION SCHEDULE**

**MASS - Saturday at 6:00 pm, Sunday at 10:30 am**

**RECONCILIATION - Saturday at 5:00 pm**

*Office Hours: Mon. thru Fri., 9:00 am - 4:00 pm*

*Office email: [parishsec@gwtc.net](mailto:parishsec@gwtc.net)*

## **IMMACULATE CONCEPTION MINISTRY SCHEDULE**

### **Lent Begins**

**Ash Wednesday, March 6<sup>th</sup> - 7:30pm**

**Sacristan:** Maxine Fisher

**Lector:** Andy Tegethoff

**EME:** Andy Tegethoff, Joyce Heath, Cindy Bennett

**Servers:** Oscar Pravecsek, Charley Pravecsek

Phillip Jorgensen, Aryn Meiners

**Ushers:** Dean Engel, Lance Engel, Phil DeMers, Mitch DeMers

**Saturday, March 9<sup>th</sup>**

**Sacristan:** Denice Novotny

**Lector:** Mary Elder

**EME:** Denice Novotny, Sara Chytka, Marty Flakus

**Servers:** Carter Foster, Blake Volmer, Megan Brozik

**Ushers:** Todd Volmer, Francis Bolander,

John Janecke, Barry Grossenburg

**Sunday, March 10<sup>th</sup>**

**Sacristan:** Maxine Fisher

**Lector:** Tovi Bartels

**EME:** Valora Eddie, Jack & Ellen Storms

**Servers:** Gus Bartels, Rowdy Moore, Roper Moore

**Ushers:** Jason Bartels, Finn Bartels, Mitch DeMers, Phil DeMers

### **ICC COLLECTION REPORT**

**Feb. 23 & 24, 2019:** Envelopes \$2,215.00, Loose \$176.00. Total \$2,391.00.

***Thank you so very much for  
sharing your gifts and blessings!***



**NO Holy Hour  
Wednesday, March 6<sup>th</sup> at ICC**

**We will have  
Ash Wednesday Mass at 7:30 pm**

### **WINNER CATHOLIC DAUGHTERS**

**Tuesday, March 5<sup>th</sup> - 5:30 pm @ St. Joseph's Hall**



**IMMACULATE CONCEPTION  
STATIONS OF THE CROSS  
FRIDAYS-Starting March 8<sup>th</sup> - AT 6:00PM**

### **WINE & CHEESE NIGHT**

**Join Fr. Kevin at his home after Mass**

**Sat., March 9<sup>th</sup> ~ 7-9:00pm**

**All are welcome to attend!**



### **THE COFFEE IS ON!**

**Join Fr. Kevin at his home for**

**Immaculate Conception & St. Isidore Parish Elders**

**Thursday ~ March 7<sup>th</sup> ~ 10:30am - 12:00 noon**



**COLLECTION  
WILL BENEFIT  
CATHOLIC  
SOCIAL SERVICES**

**MASS WEDNESDAY, MARCH 6, 2019  
ST. ISIDORE - 5:30PM  
IMMACULATE CONCEPTION - 7:30PM**

### **DAILY MASS INTENTIONS**

**Saturday - Mar. 2 - 6:00 pm \*\*Winner\*\***

For all Knights of Columbus: past, present & future  
by Knights of Columbus

**Sunday - Mar. 3 - 8:30 am \*\*Colome\*\***

For the Parish

**Sunday - Mar. 3 - 10:30 am \*\*Winner\*\***

For all Catholic Daughters: past, present & future  
by Winner Catholic Daughters

**Monday - Mar. 4 - 5:30 pm \*\*Winner\*\***

James F. (Shoey) Shoemaker, Jr. by Carol Turgeon

**Tuesday - Mar. 5 - 4:30 pm \*\*Colome\*\***

For the health of Don Johnson by Larry & Diane Cahoy

**Wednesday - Mar. 6 - Ash Wednesday**

**9:15 am \*\*Elder Inn\*\* Communion Service**

**9:30 am \*\*Nursing Home\*\* Communion Service**

**5:30 pm \*\*Colome\*\***

For the Holy Souls in Purgatory by Carol Moyer

**7:30 pm \*\*Winner\*\***

For God's Mercy

**Thursday - Mar. 7 - 9:00 am \*\*Golden Prairie Manor\*\***

Don Phillips by Mary Lou Phillips

**Friday - Mar. 8 - 7:15 am \*\*Winner\*\***

Bernice Lyons by Karen & Harvey Naasz

**Saturday - Mar. 9 - 6:00 pm \*\*Winner\*\***

Pat Briggs by Thad & Rique Briggs & Khloe

**Sunday - Mar. 10 - 8:30 am \*\*Colome\*\***

For all Catholic Daughters: past, present & future  
by Colome Catholic Daughters

**Sunday - Mar. 10 - 10:30 am \*\*Winner\*\***

For the Parish

**"For the sake of His sorrowful Passion,  
have mercy on us and on the whole world."**

**Join us for Divine Mercy Chaplet**

**Thursdays @10:00am at ICC**



### **'Saint Juliana's Prayer List'**

Wendy Smith	Brittney Hansen	Annette Bowman
Larry Zeigler	Dorothy Hejl	Marianne Thompson
Reid Malnati	Doug Stiehl	Jerry Schroeder
Gary Elder	Shirley Turgeon	Marian Schroeder
Fr. Bill Zandri	Jolene Hagen	Christine Wood
Jackie McKenzie	Bromley Heath	Inez Dockendorf
Kate DeMers	Lenna Thieman	JoAnn Brown
Janet DeMers	Julie Stafford-son	Ruthie Storms Joachim
Florence Fisher	Mike Rohde	Connie Vaughn
Michael Pravecsek	Mary Marso	Jane Moser
Ron Zeigler	Shirley DeMers	Joanie Kartak

### **Prayers for our Family Members in the Military**

Gene Fisher	Jacob Debus	Dylan Doering
Daysha DeMers	Jeff Butler	Jacque Miller
Spencer Hughes	Kris Schwartz	Christian Hamilton

St. Juliana's (Patron Saint of sickness) is a list of the people we are currently praying for because of illness or in the military. The military list will remain until we are notified. Please call the office (842-3520) to request continued prayers. To preserve the dignity and privacy of individuals, we ask that only an immediate family member call to request publication of names. We will presume they have permission from the individual to do so. Thank you for your understanding.

## ST. ISIDORE CHURCH

301 Carr St. Colome, SD 57528  
842-3520

**SACRAMENT OF RECONCILIATION** - Sunday at 8:00 am  
**MASS SCHEDULE** - Sunday at 8:30 am



### March 6<sup>th</sup> 5:30 pm

**Gifts:** Mr. & Mrs. Myron McKenzie  
**Lector:** Daryl  
**EME:** Glenn/Lynn/Jody  
**Music:** Janette/Cindy  
**Servers:** Abby/Kaden/Carleen  
**Ushers:** Kevin/Bruce  
**Sacristan:** Carol M

### St. Isidore

#### March

Sara Petersek (Chr.)  
Rosemary King  
Sara Krumpus  
Deanna Kartak



### Sunday, March 10<sup>th</sup>

**Gifts:** Mrs. Carol Moyer  
**Lector:** Ryan  
**EME:** Van/Carol K/Volunteer  
**Music:** Kathy/Janette  
**Servers:** Linkyn/Libbie/Preslie  
**Ushers:** Lynn/Marlin  
**Sacristan:** Rosemary

### ST. ISIDORE COLLECTION REPORT

Feb. 24, 2019: \$941.00

**COLLECTION:** March 3, 2019 ~ Greg & Van  
March 6, 2019 ~ Ryan & Craig  
March 10, 2019 ~ Carol & Holly



*Holy Hour for Vocations  
Exposition of the Blessed Sacrament  
& Confession  
Tuesday, March 5<sup>th</sup> ~ St. Isidore*



### Colome Catholic Daughters Wednesday, March 6<sup>th</sup>

Meeting to follow Ash Wednesday Mass  
Hostesses: Patty DeMers & Diana Mansheim

### Rescheduled Celebration of Life Baby Shower

Maycee Marie Cahoy  
Daughter of Michael & Megan Cahoy  
Born on October 26, 2018  
All women are invited to this celebration.



### ST. ISIDORE STATIONS OF THE CROSS

**Fridays, starting March 8<sup>th</sup> - 5:00PM**  
**ALL ARE WELCOME TO ATTEND!**



## Fasting & Abstinence



**Ash Wednesday we  
observe both the practice  
of fasting and abstinence.**

**Fasting means having  
one full meal a day.**

**Abstaining means we are giving up meat.**

**Fridays of lent we observe abstaining  
but are encouraged to fast.**



## SPRING AHEAD SUNDAY MARCH 10<sup>TH</sup>

### St. Isidore and Immaculate Conception Faith Formation Class Schedule

**NO class at ICC or St. I on:  
Wednesday, March 6<sup>th</sup>.**

**ASH WEDNESDAY MASSES—March 6<sup>th</sup>**  
**St. Isidore 5:30pm**  
**Immaculate Conception 7:30pm**

### THAT MAN IS YOU

Thursday, March 7<sup>th</sup> ~ 6:30 - 7:30am @ ICC Rectory

## Area Lenten Penance Liturgies

Thurs., March 14 <sup>th</sup>	Gregory	6:30 pm
Mon., March 18 <sup>th</sup>	Winner	6:30 pm
Thurs., March 21 <sup>st</sup>	Presho	6:30 pm
Tues., March 26 <sup>th</sup>	Murdo	6:30 pm
Tues., April 2 <sup>nd</sup>	Colome	6:30 pm
Thurs., April 4 <sup>th</sup>	Fort Pierre	6:30 pm
Thurs., April 11 <sup>th</sup>	Bonesteel	6:30 pm

## St. Isidore Scholarships

Catholic Daughters of the Americas Due April 15<sup>th</sup>  
St. Isidore Church Due April 15<sup>th</sup>  
Knights of Columbus Due April 15<sup>th</sup>

If you are interested in applying, call or stop at the high school guidance office for an application.

## IMMACULATE CONCEPTION SCHOLARSHIPS

Catholic Daughters of the Americas Due March 15<sup>th</sup>  
Immaculate Conception Church Due April 1<sup>st</sup>

If you are interested in applying, call or stop at the high school guidance office for an application or on the school website.



March 3, 2019  
Eighth Sunday in Ordinary Time

### Faithful Citizenship and Engagement in Political Life

Love compels us "to 'go into all the world and proclaim the good news to the whole creation' (Mk 16:15)" Here," Pope Francis continues, "'the creation' refers to every aspect of human life; consequently, 'the mission of proclaiming the good news of Jesus Christ has a universal destination. Its mandate of charity encompasses all dimensions of existence, all individuals, all areas of community life, and all peoples. Nothing human can be alien to it'" (Evangelii Gaudium, no. 181). This "mandate" includes our engagement in political life.

In the Catholic Tradition, responsible citizenship is a virtue, and participation in political life is a moral obligation. The obligation to participate in political life is rooted in our baptismal commitment to follow Jesus Christ and to bear Christian witness in all we do. This obligation is inherent in the dignity of the human person. . . . As far as possible citizens should take an active part in public life." excerpted from Adult Education and Small Faith Community Sharing On Faithful Citizenship found at [www.usccb.org](http://www.usccb.org)



Piece: *Silence*

Artist: Paris Nogari (1536-1601)

Location: Vatican Museums

## Silence Regenerates Our Inner Sanctuary

**S**ilence. This fresco where the Swiss Guards stand outside the pope's residence reminds us of an important virtue that is often absent in modern times: the capacity to be silent. "Be still and know that I am God!" (Psalm 46:11).

The figure in the fresco holds a finger over his mouth, indicating that silence starts with us. Speak less! Then we should muffle the background noise, represented by the stork with a stone in its bill to stifle its squawk.

How often do we have times of silence in our lives—and not just moments when there doesn't happen to be a radio or TV on? I mean purposeful, intentional periods of quiet to be alone with God and ourselves.

Regular times of quiet offer many benefits. They help us reflect, order our thoughts, and contemplate what's happening inside our hearts and minds. Silence is regenerative and gives us new energy, clarity, and serenity. If we add to this quietude an internal dialogue with ourselves and our Lord, it can take our inner sanctuary to a new level. One will not only find strength but also purpose and focus. Silence is the natural habitat of a flourishing soul, yet we often lock out our inner self in the mayhem of the external world, never allowing it to take in what gives it life—silence.

How about taking an hour without phones, radios, TVs, and computers to dedicate yourself to some meditative work or recreation? Or better yet, take a moment and go to a local perpetual adoration chapel to quietly sit with our Lord.

—Fr. Mark Haydu, LC

### For Reflection

*Is there a daily moment when I can enjoy some silence?  
What will I find in those moments? In my frenetic activity, am  
I running from something that I should otherwise confront?*

*When a sieve is shaken, the husks appear; so do people's faults when they speak....  
The test of a person is in conversation.*

*Sirach 27:4-5*



# Growing in FAITH™

Discovering **hope and joy** in the Catholic faith.

March 2019

Church of Immaculate Conception

Fr. Kevin Achbach, Pastor

## One Minute Meditations

### St. Matilda

From early on, St. Matilda was known for her beauty, holiness and intelligence. She was happily married to Henry the Fowler and had five children. Beloved by her subjects, she was known for donating generously to the poor. When Henry died, Matilda's sons, Otto and Henry the Quarrelsome, fought over the crown. After a failed rebellion, Henry died and Matilda left to live in a convent. Upon her death, she donated everything she owned, including her burial shroud.



### Opportunities for holiness

It often seems that everyday life can't allow for a deep connection with God. When we are at work, or play, or at rest, we can do all things in a holy way. Each hour brings its chances for patience, kindness, unselfishness, and other virtues.

*"Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need"*

(Hebrews 4:16).



## The new you

Lent is our chance to leave our old ways behind and adopt a new way of life. When Easter comes, what will the new you be like?

**Be a more positive thinker.** This is the keystone habit that will help you form the other important habits. Squash negative thinking and trust that God will work with you to accomplish goals you set that are in harmony with his will.

**Focus on what's important.** First, identify what is most important to you – family, friends, faith, and so on. Then eliminate everything else. Not only will you be free to focus on what is most important, this habit will spill over into other areas of your life, such

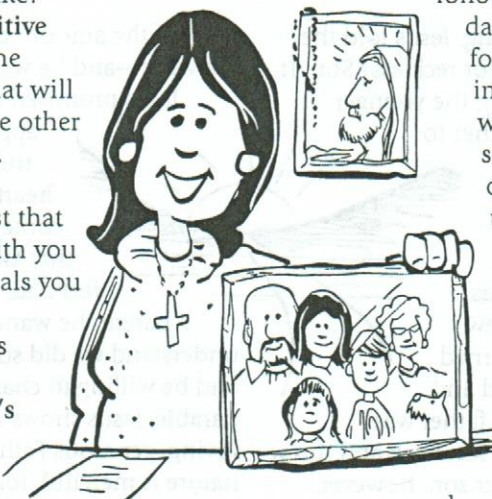
as tasks, projects, and communication.

**Find a powerful prayer routine.** The best prayer routines are the ones we follow every day. A firm, daily routine helps you focus on what's important, not just what comes up. Make sure to concentrate on Scripture and add time to listen, too.

**Add kindness.**

Kindness is genuinely caring for others, wanting the best for them, and taking action to demonstrate that caring. Each day,

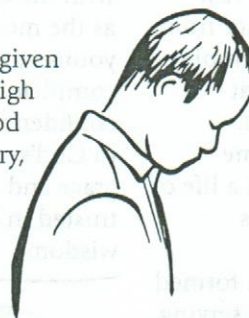
make a decision to add an act of kindness to your day. Let someone go ahead of you in line, give a sincere compliment to a stranger, praise a coworker's effort, greet a passerby.



## Why Do Catholics Do That?

### Why do Catholics bow at the names of Jesus and Mary?

Bowing is a sign of honor given to royalty and to others of high status. Jesus is the Son of God and our king. Therefore, Mary, his mother, is the Mother of God and our queen. "A bow of the head is made when the three



Divine Persons are named together and at the names of Jesus, of the Blessed Virgin Mary, and of the Saint in whose honor Mass is being celebrated" (*General Instruction of the Roman Missal*, #275a).

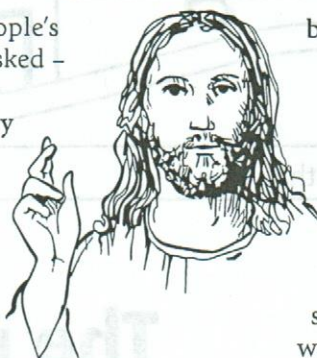


## Jesus always gives more than we ask

During his time on Earth, Jesus exceeded people's expectations. He always gave more than was asked – but exactly what was needed.

A paralyzed man sought a cure for his body but Jesus cured his soul (Mark 2:1-12). A man's friends brought him to Jesus to heal his body, but Jesus forgave his sins. As God, Jesus has the power to heal. As man, he identifies with our deepest needs and gives us what is required to overcome them.

A widow needed strength to bury her son



but Jesus gave him life (Luke 7:11-17). God's love for us is bigger than we can imagine and moves him to shower us with miracles.

Invited to attend a wedding, he elevated the marriage to a Sacrament (John 2:1-12). At his Mother's request, Jesus blessed a new marriage by replenishing their empty wine stocks with better refreshment than they could have imagined. When we ask for her help, she makes sure her Son gives us what we need and more than we can imagine.

### from Scripture

**Luke 15:1-3, 11-32. Jesus promises we can always return home.**

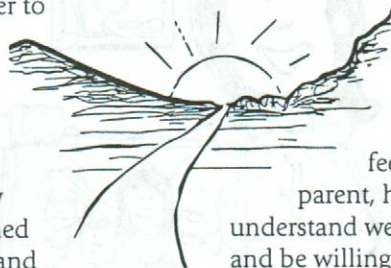
In this Gospel reading, Jesus told the story of the Prodigal (or reckless) Son. It goes like this. One day, the younger son demanded his father to give him his share of the estate. He left to squander it far from home.

When his money was gone, his situation grew desperate and he returned to his father, humbled and asking for mercy. The father was overjoyed to have his son back and threw a huge party. The older son, however, resented his brother's welcome and complained to his father that he didn't

get half the amount of celebrating for his work—and he was the "good one!"

Jesus promised that when we approach God with a truly repentant heart, we can always come home. It's not that God wants us to feel bad, but, like any

parent, he wants us to understand we did something wrong and be willing to change. Through this parable, Jesus shows us that God is a loving, generous Father whose deepest nature is merciful, forgiving love. We are reminded that we can always come home.



### Q What is saintly & advice for A Confession?

It can be tempting to approach Confession like it's just another (unpleasant) obligation. In fact, Confession is more than "checking items off the list." It's an encounter with God's mercy. Try these timely tips from the saints to make the most of Confession:



**St. John Bosco – Be regular and consistent:** "Go to confession once a month, and not oftener than once a week, unless your confessor advises it." Also, "Once we have chosen a confessor, we must go to him steadily [or else] he cannot advise us."

**St. Francis de Sales – Be intentional:** "However small the sins you confess may be, always have sincere sorrow for them together with a firm resolution to correct them in the future." Also, "Don't be satisfied with confessing [only] your venial sins...accuse yourself of the motive that led you to commit them."

**St. Faustina Kowalska – Don't limit God's mercy:** "Each one can become a great saint, so great is the power of God's grace. It remains only for us not to oppose God's action."

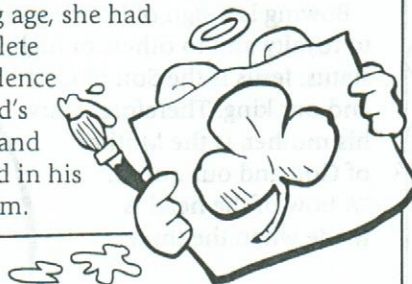
### Feasts & Celebrations

**March 6 – Ash Wednesday.** The first day of Lent. Ashes from the burnt palms of the previous Passion Sunday are blessed and placed on the foreheads as a sign of penance. Ash Wednesday is a day of abstinence from meat and fasting—eating one simple meal and two smaller meals that together don't equal a full meal.

**March 9 – St. Frances of Rome (1440).** Although she preferred a life of service, Frances' wealthy parents required that she marry. With a sister-in-law, Vannozza, Frances formed a group of women dedicated to serving

the poor. Frances honored her husband, cared for her children until their deaths, and served the poor and sick. She even converted her house into a hospital.

**March 25 – The Annunciation of the Lord (1st century).** The angel Gabriel visited the Blessed Virgin Mary with the extraordinary news of her role as the mother of God. Even at her young age, she had complete confidence in God's grace and trusted in his wisdom.



### Our Mission

To provide practical ideas that promote faithful Catholic living.

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# LENT 2019

## Church of Immaculate Conception

Fr. Kevin Achbach, Pastor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"Lent is the liturgical season of forty days which begins with Ash Wednesday and ends with the celebration of the Paschal Mystery (Easter Triduum). Lent is the primary penitential season in the Church's liturgical year, reflecting the forty days Jesus spent in the desert in fasting and prayer" (<i>Catechism of the Catholic Church</i>).</p>						
<p><b>10</b></p> <p>Stay a few minutes after Mass and ask God to bless this Lent and help you grow in holiness.</p>	<p><b>II</b></p> <p>Start a journal for your prayer intentions. Wait and see how God, who always answers prayer, answers yours.</p>	<p><b>12</b></p> <p>Call Catholic Relief Services (877-HELP-CRS or <a href="http://www.catholicrelief.org">www.catholicrelief.org</a>) to see how you can help those in need.</p>	<p><b>6</b> <i>Ash Wednesday</i></p> <p>In addition to fasting, attend an Ash Wednesday liturgy and wear the cross of ashes for the rest of the day.</p>	<p><b>7</b></p> <p>Support your parish's Lent collections, whether it is the Bishop's Lenten campaign, Operation Rice Bowl or a mission collection.</p>	<p><b>8</b></p> <p>It is our Catholic responsibility to abstain from eating meat on Fridays during Lent as a form of penance.</p>	<p><b>9</b></p> <p>Adopt a priest or member of a religious order in your diocese and pray for him or her every day of Lent.</p>
<p><b>17</b> <i>St. Patrick's Day</i></p> <p>St. Patrick evangelized Ireland. In his honor, explore ways to support your parish religious education program or youth group.</p>	<p><b>18</b></p> <p>Choose a virtue and practice it all week: prudence, justice, fortitude, temperance, faith, hope, or charity.</p>	<p><b>19</b> <i>Solemnity of St. Joseph</i></p> <p>St. Joseph served God faithfully. What God said, he did. Resolve today to fulfill your responsibilities without complaining.</p>	<p><b>20</b></p> <p>Be determined to go the entire day without judging or criticizing anyone.</p>	<p><b>21</b></p> <p>Lent is a demanding time for parish priests. Call your parish office to offer extra support or help.</p>	<p><b>15</b></p> <p>Pray for God to bless someone you don't like, or who you know doesn't like you.</p>	<p><b>16</b></p> <p>Pray the Chaplet of Divine Mercy, given to the world through St. Faustina to help repair the hurt caused by sin. Find it at <a href="http://www.usccb.org">www.usccb.org</a>.</p>
<p><b>24</b></p> <p>Take one idea from today's Gospel reading or homily to put into practice this coming week.</p>	<p><b>25</b> <i>The Annunciation</i></p> <p>We celebrate Mary's "Yes" to God. In agreeing to be the Mother of Jesus. Pray for the courage to respond faithfully to whatever God asks.</p>	<p><b>26</b></p> <p>Ask God for a new grace today that will help you experience his personal love for you.</p>	<p><b>27</b></p> <p>Make a fresh start on your Lenten journey today. Renew your Lenten observances.</p>	<p><b>28</b></p> <p>Go through today only saying kind words. No snarky remarks or sarcasm allowed.</p>	<p><b>22</b></p> <p>Turn off the TV, computer, or other electronics for 30 minutes today. Offer this time to God in prayer or reading Scripture.</p>	<p><b>23</b></p> <p>Jesus, truly present in the Eucharist, waits for us in the tabernacle of every Catholic church. Make time to visit him, if only for a little while.</p>
<p><b>31</b> <i>Laetare Sunday</i></p> <p>Make Sunday special. Invite friends and neighbors over for a potluck meal after Mass.</p>	<p><b>1</b> <i>April</i></p> <p>Make a good examination of conscience with the Ten Commandments as a guide. You can find them in Exodus, Chapter 20.</p>	<p><b>2</b></p> <p>Find 30 minutes to read today's Gospel: John 5:1-16. Write down two thoughts it inspired and keep them with you throughout the day.</p>	<p><b>3</b></p> <p>Reach out to someone you know who is having a difficult time. Send an anonymous card with an encouraging message and enclose a gift card.</p>	<p><b>4</b> <i>St. Isidore of Seville</i></p> <p>Find an unfamiliar term in the glossary of the <i>Catechism of the Catholic Church</i> and read about it until you can explain it to someone else.</p>	<p><b>5</b></p> <p>Consider making today a day of fasting, in addition to abstinence. When tempted to snack, remember those who can't afford nutritional basics.</p>	<p><b>6</b></p> <p>Attend a Reconciliation Service or go to Confession on your own. Make a sincere Confession and experience the joy of God's forgiveness.</p>
<p><b>7</b></p> <p>After Mass today, go out for coffee or breakfast with other parishioners from your parish.</p>	<p><b>8</b></p> <p>Every day this week, get up 15 minutes earlier to pray.</p>	<p><b>9</b></p> <p>Spread joy! Smile at everyone you meet, regardless of how you feel.</p>	<p><b>10</b></p> <p>At least for today, give up worrying! When you are tempted to worry, pray instead and move on.</p>	<p><b>11</b></p> <p>Fill a small Easter basket with treats and give to a friend. Include a prayer card, a Rosary, and a religious book.</p>	<p><b>12</b></p> <p>Attend a Stations of the Cross service if your parish offers one. If not, find them on the USCCB website here: <a href="http://www.usccb.org/">http://www.usccb.org/</a>.</p>	<p><b>13</b> <i>Pope St. Martin</i></p> <p>Pope St. Martin was martyred for his beliefs. In his honor, pray for Christians persecuted around the world.</p>
<p><b>14</b> <i>Palm Sunday</i></p> <p>Today's Gospel narrates the events of Holy Week. Place yourself in the scene and "walk through" Holy Week with our Lord.</p>	<p><b>15</b></p> <p>Tonight and every night this week, pray for the catechumens coming into the Church at the Easter Vigil.</p>	<p><b>16</b></p> <p>Go for a walk and look for signs of new life.</p>	<p><b>17</b></p> <p>Read the seven penitential psalms in the Old Testament book of Psalms that express remorse for sins: 6, 32, 38, 51, 102, 130, and 143.</p>	<p><b>18</b> <i>Holy Thursday</i></p> <p>The Church celebrates the Last Supper, when Jesus instituted the Eucharist and the priesthood. Celebrate by going to church tonight.</p>	<p><b>19</b> <i>Good Friday</i></p> <p>Today is a day of fasting and abstinence. Read and meditate on John's account of Jesus' passion and death (John 18-19).</p>	<p><b>20</b> <i>Holy Saturday</i></p> <p>Choose an "Easter challenge" to help you continue to grow closer to God after Lent.</p>



# ASH WEDNESDAY

## 2019 COLLECTION



*Your Lenten sacrifice touches those most in need, extending Christ's compassion throughout all of western South Dakota. 47 years of dedicated service to families in western South Dakota.*

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529 Kansas City Street, Suite 100 • Rapid City, SD 57701



#### RAPID CITY LOCATION:

529 Kansas City Street, Suite 100  
Rapid City, SD 57701

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8:00 am to 7:00 pm  
**TUESDAY-FRIDAY**  
8:00 am to 5:00 pm

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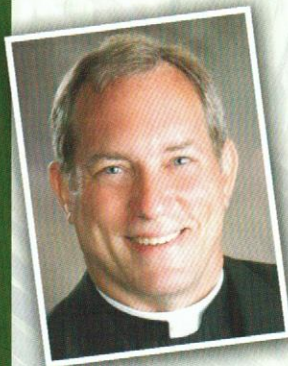
email: [css@cssrapidcity.com](mailto:css@cssrapidcity.com)

[www.catholicsocialservicesrapidcity.com](http://www.catholicsocialservicesrapidcity.com)

*Serving people of all faiths in  
western South Dakota*

#### CATHOLIC SOCIAL SERVICES OFFERS:

- Adoption Services
- Birth Parent Services
  - Counseling
  - Disaster Relief
- Educational Workshops
- Lakota Circles of Hope
  - Marriage Matters
  - Prosperity Initiative
  - SMILE
- Unplanned Pregnancy Services
- Uplifting Parent Program
- Youth Prevention Services



**Bishop Robert Gruss**  
Diocese of Rapid City

As the Executive Director of Catholic Social Services I would like to thank you for helping us reach out to those in need in western South Dakota. Support like yours helps us offer these kinds of services.

- Offer suicide prevention trainings throughout our region
- Work with troubled youth at our regional Juvenile Services Center
- Assist 12 schools to offer our Lakota Circles of Hope Program
- Reach out to pregnant teens and young adults
- Help single moms obtain an education to get a job that provides them with a living wage.
- Assist families impacted by disaster.



**James T. Kinyon**  
Catholic Social Services  
Executive Director



"When you hold a banquet, invite the poor, the crippled, the lame, the blind; blessed indeed will you be because of their inability to repay you. For you will be repaid at the resurrection of the righteous." Luke 14:13-14. Let us join Catholic Social Services in hosting our brothers and sisters throughout the diocese with our selfless and generous gifts. "Whatever you did for one of these least brothers of mine, you did for me." Matt 25:40

**Susan Raposa, President**  
Board of Directors  
Catholic Social Services

### ASH WEDNESDAY, MARCH 6, 2019

We are called to serve.

In modern life, with its conflicting shouts and cries and storms and thunders, Christ is a clear, quiet presence . . . an ear that hears, a hand that helps. When you support Catholic Social Services and its mission, you become the ears and hands of Christ.

You extend your faith and your life to others in need.

You are answering the Call to Serve.

